

Ruffle Apron Tutorial

This apron is super easy to construct. You need:

Six cuts of $\frac{1}{4}$ yards fabric, or 6 fat quarters

$\frac{1}{2}$ yard muslin

Other basic sewing supplies, like a sewing machine, thread, rotary cutter, ruler, and mat.

1. Press your fabric.
2. Cut muslin 18 x 20. Press 20" side under $\frac{1}{4}$ ", then press again $\frac{1}{4}$ ". Sew with an $\frac{1}{8}$ " seam. Repeat on two shorter sides. Set aside.
3. Select 5 $\frac{1}{4}$ yard pieces (or 5 fat quarters). Cut a strip 6.5"xWOF. (If using fat quarters, you'll need to cut two strips and then piece together using a $\frac{1}{4}$ " seam.)
4. On each strip, press one long side of strip under $\frac{1}{4}$ ", then under $\frac{1}{4}$ " again. Sew with $\frac{1}{8}$ " seam. Repeat on shorter sides.
5. Now we're going to create the ruffles. Lengthen your stitch length to its longest setting. Leaving a long tail, sew along unfinished long edge using an $\frac{1}{8}$ " seam. Be sure to leave a long tail on the other end. Now gently pull threads until your ruffle is the same width as your muslin.
6. Lay your ruffles evenly on top of the muslin, leaving a space of about 3.5" at the top. Mark the muslin with a pencil where you want your ruffles placed. It helps to draw the line all the way across. Don't worry, it will be covered by fabric and the lines won't show.
7. Starting with the bottom, sew each of the 5 ruffles onto the muslin. Make sure you have reset your stitch length from when we created the ruffles.



8. With the 6th piece of fabric, we're going to create strips to cover the raw edges of the ruffles, as well as the waist band and ties. For the strips, you can use actual store bought 1" ribbon if you would like to save yourself a step.
9. First the strips: Cut 5 pieces 1.5" x 19.5". Press under ¼" all the way around. Pin on top of raw ruffle edge, then sew around all 4 sides using an 1/8" seam.
10. Next the ties: Cut 1 strip 3.5" x WOF (if using fat quarters, cut 2 3.5" strips). Finish the edges by folding under ¼", pressing, then folding under ¼" again on each side. Sew with a 1/8" seam. Cut in half, then finish off one short edge of each piece. Set aside until the waist band is done.
11. Cut a strip 4" x 20. Place apron front side down. Place strip on top, right side down. There will be extra fabric on the sides. Starting ½" in, sew with a 1/4" seam. Stop ½" away from end. Flip over, and press. Press the bottom edge under ¼". The strip should cover the top ruffle edge.
12. Press extra fabric on edges under so that it matches with the apron. Insert one strap into each side of apron, about ½" of the strap. Starting at the top edge, sew along all four sides of waist band.
13. Trim any excess threads, then put on your cute apron and do a twirl.



